

AUGUST 2025

August in Review

August was full of excitement and summertime fun at our Murrieta location! Our students made the most of the warm weather with waterslide activities, bringing endless laughter, teamwork, and splashes of joy to their summer days. The children loved cooling off outdoors, enjoying active play, and creating unforgettable memories with friends and teachers alike.









For our school-age children, one of the month's highlights was a fun-filled field trip to Chuck E. Cheese! The kids enjoyed games, prizes, and pizza while bonding with classmates outside the classroom setting. It was the perfect mix of play, friendship, and celebration to wrap up the summer season.

As we say goodbye to summer and look ahead to a new school year, we're so proud of all the smiles, growth, and joyful experiences that made this month one to remember.



"" Upcoming Events & Important Dates

September 1 − Our centers will be closed in observance of Labor Day. We hope everyone enjoys a well-deserved long weekend filled with rest, family, and fun.

September 2 – We're kicking off the month with a Family Engagement Event: Grandparents Day from 8:30-9:30 AM! Join us as we celebrate the love, wisdom, and warmth that grandparents bring to our Just 4 Kids family. ♥

September 8 – It's Fall Photo Day! Be sure your little ones come dressed in their best outfits and brightest smiles for picture day. These photos will make wonderful keepsakes for families to treasure.

September 11 – We will be remembering 9/11 as a community by wearing Red, White, and Blue. Together, we honor this important day with gratitude and unity. ♥ ▼ ▼

September 23 – Families are invited to join us for Back to School Night from 4:30–6:30 PM. This special evening gives families the opportunity to meet teachers, explore classrooms, and learn more about the exciting school year ahead.

TBA – Our Scholastic Book Fair is coming soon! Stay tuned for details and get ready to explore a world of stories that inspire imagination and a lifelong love of reading. ₩

Easing the Transition: Helping Your Child Adjust to a New School Year

August marks the end of summer fun and the beginning of a new school adventure! Whether your child is starting preschool, entering kindergarten, or returning to a familiar classroom, this time of year often brings a mix of excitement and nerves — for both children and parents alike. The good news? With a little preparation and reassurance, you can help make this transition smooth and positive for your child.

Establish routines early. Children thrive on consistency, and a predictable routine helps them feel safe and confident. A week or two before school begins, start adjusting bedtime and morning schedules to mirror school-day routines. Practice getting ready, eating breakfast, and preparing for the day — this helps reduce stress when the first day arrives.

Talk about what to expect. Take time to discuss what school will be like — new teachers, friends, activities, and routines. Reading books about school or looking at classroom photos can make the experience feel familiar and less intimidating. Encourage your child to share their thoughts and feelings, and listen with patience and empathy.

Foster independence. Give your child opportunities to do simple tasks on their own, such as packing their bag, putting on shoes, or choosing their outfit. These small acts build confidence and help them feel proud of their growing independence — a key part of school readiness.

Stay positive and calm. Children often mirror their parents' emotions. If you stay calm, cheerful, and encouraging, your child is more likely to feel the same. A quick hug, a reassuring smile, and words like "You've got this!" can go a long way in easing first-day jitters.

Celebrate milestones — big and small. Starting a new school year is a big accomplishment! Celebrate your child's courage and growth by taking a first-day photo, writing a note in their lunchbox, or simply sharing a special family moment after school.

As children step into this new chapter, remember that each day brings opportunities to learn, explore, and grow. With your love and support, your child will not only adjust — they'll thrive.

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